NSPCC

Giving children a voice

Young people come to Childline with all sorts of concerns from stressful family situations to feeling suicidal.

On average it costs

£1,250

to run Childline for an hour,

I'm fundraising so trained Childline counsellors can be there for even more children.





Helping children recover

Letting the Future In helps children who've been sexually abused to recover and rebuild their lives. The service uses play-therapy where children do things like messy play, writing, storytelling and art to help express feelings that they can't put into words. I'm supporting the NSPCC so more children can look to the future with hope.







for the NSPCC



Changing the law

The NSPCC campaign to change laws that put children at risk, like the



which is lobbying the government to act and set out statutory regulations so social networks have a legal duty to protect every child from abuse and grooming. The money I raise will help the NSPCC reduce the risk of children being harmed by the law.

Get in touch

challenges@nspcc.org.uk 020 3772 9720

Visiting schools to prevent abuse

In 2017/18 the NSPCC Schools Service visited over



8,000 primary schools

and spoke to nearly **1.8 million children.** Equipping them with the knowledge they need to stay safe from abuse and teaching them to speak out if they are worried, either to a trusted adult or Childline. I want to raise money to make sure even more children are protected from abuse.