Young People's Board for Change help write our future

Information sheet

What is the NSPCC Young People's Board for Change?

The Young People's Board for Change are a diverse group of 15 young people from across the UK. They share their ideas and opinions to steer, advise and influence the NSPCC on what matters most to children and young people. They get involved in lots of fun projects and get the opportunity to travel across the country to take part in residentials, meetings, and workshops.



Young People's Board for Change

If I become a member, what am I signing up to?

As a member you will:

- Attend monthly online sessions and workshops with the rest of the Young People's Board for Change.
- Take part in training to develop lots of important skills like campaigning, public speaking and more.
- Share your ideas and opinions with key decision makers at the NSPCC, like our trustees and other staff
- Influence the work we do at NSPCC, like helping us to create new campaigns and services.
- Take action on topics that matter to you — this will involve meeting and working together in smaller groups, and working with other young people who are not on the board.
- Represent the Young People's Board for Change at exciting events.

As a member, you need to be:

- Committed to being a member of the Young People's Board for Change for two years, from March 2025 - March 2027.
- Available to consistently attend all online and face-to-face meetings, including in-person residential events.
- Willing to share your ideas and opinions, and to tell the NSPCC what you think about what we do, and what we could be doing better for children and young people.
- Excited to work as a team, listen to others and respect people's opinions that might be different to your own.
- Interested in making a change for children and young people across the UK.
- Ready to try new things and take part in new experiences, like attending meetings with decision-makers at the NSPCC.

This might sound really exciting, but might also involve lots of new things that you haven't done before – that is totally OK! There will be lots of fun training sessions and workshops to support you to learn new things, and develop your confidence along the way. Plus, our friendly Participation Team are here to support you through every step of your journey so that you feel confident and ready to be heard!



What does it cost?

It doesn't cost anything to join. The NSPCC will cover the cost of travel, accommodation and other expenses like food when you come to any in-person events and meetings. All of these details will be shared with you and your parent/carer before any meetings or events. To take part in online sessions, you will need access to a device that has internet, a camera and a microphone. If you don't have this, don't worry. We can talk about the best way to get you involved.

I want to apply to the Young People's Board for Change. How does it work?

Great! The first step is to fill out an application form so that we can find out a bit more about you and why you would like to take part.
You can find this here:

nspcc.org.uk/boardforchange, and you will need to submit it to us by 20 January 2025. You will need to be available to come to a virtual interview with one of our friendly team members in January or February 2025.

What if I need additional support with applying?

We're always here to help.
Send a message to
participationteam@nspcc.org.uk
and we can have a chat to make
sure that you have all the support
you need to apply.